

# Activities at Pine Tree Adventure Resort

	<b>Activity</b>	<b>Equipment,</b>	<b>Restrictions</b>
<b>Spring, Summer, and Fall</b>	Nothing compares to the pleasure of a brisk swim in Spirit Lake. Although fed by mountain streams, the lake is surprisingly comfortable in the summer. We also have an indoor heated pool, sauna, and jacuzzi, as well as an outdoor hot-tub.	Towel service and massage year-round.	Children under 14 are not allowed in the sauna, jacuzzi, or hot-tub.
	For the mountain biker, we have a nearly level trail around Spirit Lake, as well as a trail leading up to the ski slopes. Once there, you can try your hand at grades of varying difficulty, riding either up or down the slopes.	Rental bicycles available.	Rt. 9 not recommended.
	Serene canoe trips or white-water excitement; the choice is yours. Spring run-off raises the Pecos river to fairly difficult white water in some areas. Be sure to consult the staff before you set off on a kayak adventure. For a quieter setting, try paddling a canoe to the north end of Spirit Lake.	Canoes provided from May through November.	We are not responsible for any boating accidents.
	Our hiking trails are known throughout the country. Plan a day trip or pack in for a week; it's up to you. For the licensed angler, we sport some of the best fly fishing in the state. Nothing can compare to a breakfast of brook trout and wild mushrooms cooked over an open fire.	Forestry Department maps for sale on premises.	Please, don't litter.
<b>Winter</b>	When the snow settles, our hiking trails are perfect for cross-country skiing. Members of our staff regularly mark the trails, and they comb them at the end of each day to make sure nobody is left out after dark.	Rental skis and boots available.	Children under 14 must be accompanied by an adult.
	We have always been known for our nordic ski slopes. We offer two	Rental skis and boots	Children under 9 are not

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lifts for intermediate to advanced skiers, and a tow rope for the beginning slope. If you are a guest for a week, all lifts are free of charge.

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available.

allowed on the lifts.